

Target Area: Communication, Language, Speech Disorders

<p><b>Whitney &amp; Goldstein (1989) <i>Journal of Speech and Hearing Disorders</i> 54(4): 576–586</b></p>	<p><b>SCED score – to be confirmed</b></p>
<p><b>Method/Results</b></p>	<p><b>Rehabilitation Program</b></p>
<p><b>Design:</b></p> <ul style="list-style-type: none"> <li>➤ <b>Study type:</b> SSD. Multiple baseline across participants.</li> <li>➤ <b>Participants:</b> n=3 males with mild aphasia post CVA, aged 61–65 years.</li> <li>➤ <b>Setting:</b> Clinician’s office.</li> </ul> <p><b>Target behaviour measure/s:</b></p> <ul style="list-style-type: none"> <li>➤ Frequency of disfluencies in speech – (pauses, revisions or repetitions; the most frequent was chosen as the first target behaviour).</li> </ul> <p><b>Primary outcome measure/s:</b></p> <ul style="list-style-type: none"> <li>➤ Boston Diagnostic Aphasia Examination (BDAE).</li> </ul> <p><b>Results:</b> All participants showed decrease in target behaviours. For participant 1 and 2 this generalised to non-target behaviours. (No statistics performed).</p>	<p><b>Aim:</b> To decrease disfluencies in speech.</p> <p><b>Materials:</b> 40 colour Norman Rockwell posters; list of typical memorable experiences, counter, audio tape recorder.</p> <p><b>Treatment Plan</b></p> <ul style="list-style-type: none"> <li>➤ <b>Duration:</b> Varied between participants ~20–30 sessions (10–22.5 hours).</li> <li>➤ <b>Procedure:</b> 30–45 minute sessions of unspecified frequency.</li> <li>➤ <b>Content:</b> The program involved 4 steps: <ol style="list-style-type: none"> <li>1. Therapist counted occurrences of target behaviours from 1 baseline session.</li> <li>2. Participants listened audiotapes of another baseline session and were instructed to press a counter each time they heard a target behaviour. If they did not press the counter within 3secs they were given verbal feedback. Participants progressed to the next stage after 80% accuracy of monitoring on three consecutive sessions was met.</li> <li>3. Participants were asked to self-monitor while describing Norman Rockwell posters. Therapists monitored also. Participants progressed to the next stage after 80% accuracy of monitoring on three consecutive sessions was met.</li> <li>4. Independent self-monitoring – participants self-monitored without feedback or reinforcement from the therapist.</li> </ol> </li> </ul>